

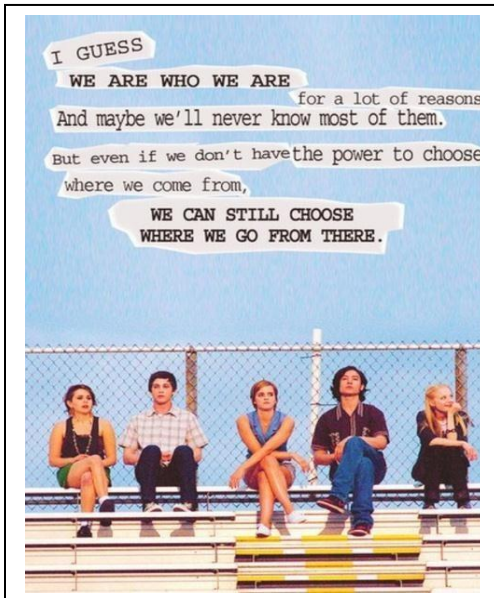
## Butcher, Baker, Candlestick maker!

Choosing the right career for yourself can seem a daunting task. There are hundreds of jobs out there and all require a different set of skills, qualifications and personality. Do you want to work in retail or maybe an office, work with your hands, indoors or outdoors? Supporting people, teaching, driving? The choice is endless. Identifying your skills and strengths and matching these against job profiles will help you clarify what jobs you are suited to. Knowing where you can travel, what qualifications a job requires and the local labour market, helps focus your job search and point you in the right direction. Our "This is me" course can help identify some of these issues enabling you to professionally present your skills to a potential employer. Follow this with "Creating a perfect CV" and you're good to go.



<https://www.16personalities.com/>

**Take the 16 personalities test and see what type of person you are. What's the perfect job to suit your personality!**



<https://www.doodle-art-alley.com/free-coloring-pages.html>

**Creativity is great for relieving stress. You don't have to be a great artist to enjoy some doodling. There are loads of free projects on the internet.**

### CACD Courses March 2021

#### "This is Me"

**2 – 3 March 2021**

A two day course that helps you identify your skills and strengths transfer them to your CV and application forms.

#### Create a stand out CV

**9 – 10 March 2021**

Grab the employer's attention with that perfect CV. Follows on from the "This is me" course or as a stand-alone. Learn how to produce and adapt your CV for each job application.

#### Intensive Support Programme

**08 – 25 March 2021**

Three week course for unemployed people aged 18 – 24 that offers a complete package covering all the skills required to help you secure employment, from creating a CV to Interview skills, followed by up to 13 weeks one to one support. 25% of candidates from the last two courses have now found employment

#### Course Feedback

"Really positive and the staff were very friendly and helpful"  
 "...exceeded my expectations"  
 "My communication skills have improved so much since the start of this course"



## Countdown Conundrum

Find the word below  
Clue; we are who we are!



Last newsletter answer: VACCINE

Have you checked out the DurhamWorks website or Facebook page recently? The Progression Workers continue to support young people during lockdown  
[www.durhamworks.info](http://www.durhamworks.info)

**Citizens Advice County Durham** continues to provide advice about benefits, ESA, statutory sick pay, housing, debt, being furloughed etc.

**Adviceline: 08082787821**  
**Monday to Friday 9am to 5pm**  
**Debt Adviceline: 0300 323 2000 Monday to Friday 9am-4pm**  
**Consumer Helpline: 0808 223 1133**  
**Monday to Friday 9am to 5pm**  
**Universal Credit Helpline: 0800 144 8 444**  
**Monday to Friday 8am to 6pm**  
**COVID19 temporary contact 07736 923502**

[www.citizensadvicecd.org.uk/](http://www.citizensadvicecd.org.uk/)

Citizens Advice County Durham (CACD) DurhamWorks Employment Support Team are here to help young people get in to work or education. For more information on the support we offer please contact us.

[Eve.Galloway@citizensadvicecd.org.uk](mailto:Eve.Galloway@citizensadvicecd.org.uk)  
Or call Eve on 07876 346 047