

Money makes the world go around

Whether you are working, receiving benefits or living off the bank of Mum and Dad, being able to manage your money is a lifelong skill. Not managing your money can lead to debt. We know budgeting sounds dreary and dull, but there is an old saying "Look after the pennies and the pounds will look after themselves," so if you're about to start a new job, saving for your first car or moving into your own accommodation; being in control of your money is key to your successful future. Want to know more? Look at our Money Matters workshop, or if you are worried about debt, then please speak to one of our Citizens Advice Debt Advisers confidentially on **0300 323 2000**

www.nhs.uk/oneyou/every-mind-matters/yourmindplanquiz



CACD Courses February & March 2021

Confidence is Key 15-17 February 2021

Participants will learn how to boost their confidence by recognising their skills and transferring those to the job market

Money Matters 22-24 February

This course helps participants identify where their money goes and how to manage their bills, whether living independently or in a household

Intensive Support Programme 08 – 25 March 2021

Three week course covering all the skills needed to help you secure employment. Followed by up to 13 weeks one to one support.

Testimonial

Alex participated in our Intensive Support Programme and is now working full time for Eddis. Asked if the course helped him gain employment his reply was "ABSOLUTELY, my CV is the best it's ever been and the feedback from my mock interview was a real help".



Countdown Conundrum

Find the word below
Clue: You would give your right (or maybe left) arm for this



Last newsletter answer: JOBSEARCH



Have you checked out the DurhamWorks website or Facebook page recently? The Progression Workers continue to support young people during lockdown
www.durhamworks.info

Citizens Advice County Durham continues to provide advice about benefits, ESA, statutory sick pay, housing, debt, being furloughed etc.

Adviceline: 08082787821
Monday to Friday 9am to 5pm
Debt Adviceline: 0300 323 2000 Monday to Friday 9am-4pm
Consumer Helpline: 0808 223 1133 Monday to Friday 9am to 5pm
Universal Credit Helpline: 0800 144 8 444 Monday to Friday 8am to 6pm
COVID19 temporary contact 07736 923502

www.citizensadvicecd.org.uk/

Citizens Advice County Durham (CACD) DurhamWorks Employment Support Team are here to help young people get in to work or education. For more information on the support we offer please contact us.

Eve.Galloway@citizensadvicecd.org.uk
Or call Eve on 07876 346 047



<https://simplydailypuzzles.com/daily-quick-crossword/>

Keep the brain active with a daily crossword