

## Happy Easter

The clocks have gone forward and the nights are getting lighter. The days getting warmer, there are new born lambs in the fields and daffodils in the hedgerows. The CACD Durhamworks team would like to wish our readers a Happy Easter.



## Countdown Conundrum

Find the word below  
Clue; let's hope it's the last time we will be here



Last newsletter answer: EDUCATION

### Ten tips to staying safe when out & about

- ✓ Be prepared.
- ✓ Plan your route in advance. ...
- ✓ Be assertive. ...
- ✓ Be aware. ...
- ✓ Hide it. ...
- ✓ Go against the flow. ...
- ✓ Trust your instincts. ...
- ✓ Make a plan. ...
- ✓ **Safety** in numbers.

Follow the link for further information

<https://www.cleveland.police.uk/cp/crime-prevention/violence/stay-safe/>

### CACD Courses April 2021

#### Confidence is Key 13-14 April 2021

Build your confidence. How do you gain confidence and move forward in to work. Join us on this two day workshop to find out.

#### Intensive Support Programme 19 April – 7 May 2021

Three weeks to learn all those things you need to know to move forward in the job market. From the perfect CV to nailing the interview. Followed by one to one support

#### Money Matters 20 April – 21 April

All you need to know about being money wise. Whether on benefits or just landing your first job, this short two day course will help you

#### Testimonies from our last Intensive Support Programme

"Claire and Louise are very helpful as some stuff I didn't know and when I had interviews they offered to help me to prepare"

"I have already started using techniques I have learnt on the course"

"Louise and Claire has been awesome the course has giving me more confidence"

"My skills in all areas have grown during this course and so has my confidence. I have had a number of interviews and interview invites during this course. Thank you for everything."

Source: survey monkey final survey

Have you checked out the DurhamWorks website or Facebook page recently?

The Progression Workers continue to support young people during lockdown  
[www.durhamworks.info](http://www.durhamworks.info)

**Citizens Advice County Durham** continues to provide advice about benefits, ESA, statutory sick pay, housing, debt, being furloughed etc.

**Adviceline: 08082787821**  
Monday to Friday 9am to 5pm  
**Debt Adviceline: 0300 323 2000 Monday to Friday 9am-4pm**  
**Consumer Helpline: 0808 223 1133 Monday to Friday 9am to 5pm**  
**Universal Credit Helpline: 0800 144 8 444 Monday to Friday 8am to 6pm**  
**COVID19 temporary contact 07736 923502**

[www.citizensadvicecd.org.uk/](http://www.citizensadvicecd.org.uk/)

Citizens Advice County Durham (CACD) DurhamWorks Employment Support Team are here to help young people get in to work or education. For more information on the support we offer please contact us.

[Eve.Galloway@citizensadvicecd.org.uk](mailto:Eve.Galloway@citizensadvicecd.org.uk)  
Or call Eve on 07876 346 047

### Follow us on Social Media

Facebook: DurhamWorks CACD

Twitter: @DurhamWorksC

LinkedIn: DurhamWorks CACD

TikTok: @CDemployability

<https://www.citizensadvice.org.uk/Global/Public/Campaigns/scams/sam15-game-answers.pdf>

Playing this could game could help you, your family and friends. Sadly SCAMS are everywhere and the more you know about how they work the better protected you can be. Citizens Advice have more resources on their website .

#### Spot scams, stop scams game

There's a scam for just about everyone and every situation.  
Are you scam aware? Take our quiz and find out ...  
You'll be presented with four different scams. Within each there are a number of clues to indicate if it is a scam.  
Circle the part of the image that you think might be a clue.  
When you think you've found all the clues, move on to the next scam

